



**SEQUOYAH  
SCHOOL**



**COVID Ready**  
by Carbon Health

Sequoyah School has partnered with Carbon Health to provide ongoing COVID-19 clinical monitoring, education, and support for all of our students and employees through their digital tool called COVID Ready. Sequoyah School is using an evidence-based approach to minimize the risk of spreading COVID-19 and help everyone return back to campus safely.

## Carbon Health

Carbon Health ([www.carbonhealth.com](http://www.carbonhealth.com)) is a technology-enabled healthcare provider that combines smart technology with inviting clinics and a robust virtual offering. Carbon Health specializes in primary care, mental health, and pediatrics, and has been working tirelessly to make COVID-19 testing available to all.

## COVID Ready is:

- An online daily health tracker provided by Carbon Health
- Crucial to Sequoyah School's transition back to campus
- Mandatory for anyone who will be present on campus
- A key part of our health and safety policies & procedures



# Carbon Health COVID Ready Frequently Asked Questions

## How do I get set up on the Carbon Health COVID Ready app?

You will receive both a SMS/text message and an email with instructions.

## What is expected of me as a participant?

After completing the setup process, you will be expected to fill out the daily symptom tracker every day, including weekends. Daily tracking is important because communicability can begin before symptom onset, so it is important for the school to know the timing of when symptoms begin, even if during the weekend.

## What does "daily tracking" entail?

You will receive a daily notification from COVID Ready with a few simple questions. Based on your answers, Carbon Health may make a recommendation to seek additional medical care or get tested for COVID-19.

## Are services provided by the app free?

If the app recommends that you see a provider based on your response to the Covid Daily Symptom Tracker, that appointment is covered by the school. All other services are not covered including getting COVID-19 tested through Carbon Health.

## What personal information is tracked?

Sequoyah's Health & Safety team will only be able to track student or employee enrollment dates, the status of their initial assessments, and their ability to safely return to school/work.

## Is my data protected?

Carbon Health follows strict HIPAA compliance regulations to ensure the safety and protection of health data, per Carbon Health's privacy policy. As a part of the COVID Ready program, COVID-19 Test results will be shared with employers.

## Can the school see my private medical information?

Sequoyah's Health & Safety team can see if you've completed the initial assessment, COVID-19 test results, and any COVID-related physician's notes related to school/work attendance. The school does not have access to any medical information that is not a part of the program.

## Who should I reach out to with questions?

If you have issues with Carbon Health's COVID Ready app, please email [sequoyah-support@carbonhealth.com](mailto:sequoyah-support@carbonhealth.com). If you have questions about Sequoyah School's COVID-19 policies and procedures, please contact David Cutler-Kreutz, [dcutlerkre@sequoyahschool.org](mailto:dcutlerkre@sequoyahschool.org).